talk they hear you

"Talk. They Hear You." Family Agreement

As your **parent/guardian,** I pledge to do my part in helping to keep you drug-free and alcohol-free. I promise to talk with you about the dangers and harmful effects of underage drinking and drugs. I pledge to create a drug-free and alcohol-free environment that is fun and safe for you and your friends. I also pledge to pick you up at any time or place if you find yourself in any uncomfortable situation where underage drinking and drugs are involved.

By signing this pledge, I agree that I will engage in constructive conversations with you about the dangers of underage drinking and drugs.

_____

Signature Date

As your **child/loved one**, I understand that drugs and alcohol can harm my body and my mind and make me say and do things I might regret. I pledge to avoid situations where my friends and peers are involved in underage drinking or using drugs. I promise to call or text you to help me leave those situations, if they arise.

By signing this pledge, I agree that I will not engage in underage drinking and drug use.

_____

Signature Date

Visit our website for more resources at **www.drugfreehawaii.org**

COALITION FOR A Drug-Free Hawaii Prevention Through Education

Substance Abuse and Mental Health Services Administration SAMHSA www.samhsa.gov • 1-877-SAMHSA-7 (1-877-726-4727)