



# R.A.D.A.R. Network Prevention Resource Center

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Volume 4, Issue 4

"Where Knowledge is Key to a Healthy and Drug-Free Environment"

## What's New!

## Ice in Hawai'i: Still our Problem

By:  
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### Too Much: The Extreme Dangers of Binge Drinking (DVD)

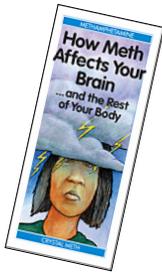
Against the backdrop of Spring Break overindulgence in Panama City, Florida, this documentary examines the tragic consequences of underage drinkers who do not understand the real risks of out-of-control alcohol abuse.



Researchers use 3-D images of the brain to describe what happens as drink after drink is consumed, causing the brain to ultimately shut down the autonomic nervous system, causing death. A young teenage girl who was sexually assaulted during a Spring Break drinking binge presents her painful story. Also interviews the parent of a student who died from alcohol poisoning while partying with his friends.

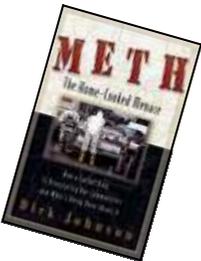
### How Meth Affects Your Brain ...and the Rest of Your Body (brochure)

Using methamphetamine can cause a great deal of damage to your brain and your body over time. This pamphlet outlines the physical (and mental) consequences of using methamphetamine, including damage to the brain, lungs, mouth, and heart and sends a strong anti-drug message.



### METH: The Home-Cooked Menace (book)

Methamphetamine has been around for decades, but the recent surge in clandestine "cooking labs" in homes, hotel rooms, and even cars has made this toxic stimulant exceptionally affordable, accessible, and even more dangerous. With staggering facts, heart breaking stories, and up-to-the-minute information, award winning journalist Dirk Johnson provides a harrowing look at the personal, social and environmental destruction caused by meth use and production. Despite such horrors, Johnson offers evidence of hope. He points to promising new national, state, and local efforts to fight meth production and prevent addiction, and he shares the heartening stories of several recovering meth addicts. Here, at last is the definitive book on what's fast become the nation's sweeping public health pandemic.



Don't be fooled by the rumors that ICE is no longer a problem here in Hawai'i, let me assure you...IT IS! The past few years, Hawaii residents have been bombarded with dismal statistics regarding our frightening methamphetamine crisis. Statistics like:

- 80-90% of children removed from their homes in Hawai'i are because of ICE or other drug-related problems.
- 3,136 people were admitted to treatment centers in Hawai'i for ICE abuse in 2004.
- 44.8% of males arrested in Honolulu tested positive for ICE in 2002.
- In 2003 Attorney General Ed Kubo estimated that there are over 30,000 ICE addicts in the state of Hawai'i.
- About 81 percent of the cases in adult Drug Court are ICE-related.
- In 2002, HPD seized 15 drug "ice labs," compared with 7 in 2001.
- In 2002, the Honolulu Police Department seized 41,513 grams of ice, compared with 27,205 in 2001.

These statistics scared the public into believing that Hawai'i was in the middle an "ICE epidemic" in the early 2000's and *something* had to be done! Honolulu Police Department (HPD) answered with a series of sweeps that resulted in the seizure of 28,284 grams of ICE in a 10 month period of time creating a *slight* decline in ICE admission for treatment, ICE related deaths and positive toxicology screens. Media jumped on these statistics and claimed the "ICE problem" was over thanks to increased police action. Cocaine cases from HPD increased slightly as well, fueling Hawai'i's belief that our "ICE problem" is over.

Unfortunately the ICE epidemic is far from over. According to the 2007 HIDTA (High Intensity Drug Trafficking Area) Threat Assessment report, law enforcement pressures related to methamphetamine *increased* in 2006. In the first half of 2006, the Honolulu medical examiner reported 22 deaths with the presence of methamphetamine and the HPD reported 390 arrest cases involving the drug. Primary methamphetamine admissions continued to account for more than 55 percent of all illicit drug admissions (excluding alcohol), and 57 percent of the drug items reported by NFLIS (National Forensic Laboratory Information System) in FY 2006 contained methamphetamine.

Treatment experts say a major challenge is that people in Hawaii have been addicted far longer than in other places. The long-term effects on the brain, behavior and the body are more severe. Long-term addicts also tend to have other problems, including unemployment, legal battles and family issues such as losing custody of children.

The ICE epidemic is not a quick fix. The physical and emotional side effects from methamphetamine use are often irreversible. *Some* of the damage to your brain and body include:

- Extreme anxiety and depression or aggression and violence
- Schizophrenic and psychotic behavior
- Hyperactive and obsessive-compulsive behavior
- Weakening of immune system
- Tooth and mouth decay
- Skin abscesses and feeling of bugs crawling on skin
- Dangerous weight loss and malnutrition
- Increase in blood pressure/body temperature (106 degrees and higher)



Some addicts say they started using ICE as a party drug. Others start using it to lose weight or stay awake to work several jobs. The problem with methamphetamines is that a person can become addicted in as little as one use. The abuser becomes addicted to chasing the feeling of the "high" they get the first time they use the drug. They will never reach this feeling, yet will stop at nothing to try and obtain it. Often times the abuser will try to reproduce this drug on their own which results in multiple "cooking" deaths per year. These deaths are because Methamphetamines are made with the harshest and most lethal chemicals. *A few* common chemicals found in METH are:

- Acetone (nail polish remover)
- Sulfuric Acid (drain cleaner)
- Lithium (battery acid)
- Formaldehyde (body embalming agent)
- Sodium Hydroxide (lye)

Another frightening trend is the newly manufactured form of methamphetamine that is targeted at youth. This strawberry flavored drug is called "strawberry quick" and first appeared in the Western United States in January, 2007. One DEA agent reported that this sweet smelling and tasting drug is being marketed as a powder form of an energy drink. The strawberry METH resembles pop rock candy and is just as potent as the original methamphetamine because the flavoring is added during the cooking process, not after which would dilute its potency.



The bottom line is that Hawai'i is still in desperate need of education, prevention and treatment for ICE and methamphetamine abuse. If you have any questions or concerns about methamphetamine use, please call the Prevention Resource Center (PRC) at (808) 545-3228 x 34. You can also visit our website at [www.drugfreehawaii.org](http://www.drugfreehawaii.org).

## Campaigns and Initiatives

Call the PRC at  
545-3228 x34 or  
1-800-845-1946 x34  
print materials and  
mail-outs are FREE



### EVERY 15 MINUTES...

Life's lessons are best learned through experience. Unfortunately, when the target audience is teens and the topic is drinking and driving, experience is not the teacher of choice. The **Every 15 Minutes Program** offers real-life experience without the real-life risks. This emotionally charged program, entitled **Every 15 Minutes**, is an event designed to dramatically instill teenagers with the potentially dangerous consequences of drinking alcohol. This powerful program will challenge students to think about drinking, personal safety, and the responsibility of making mature decisions when lives are involved. This is a national campaign that Hawaii's own Kauai High, Pahoehoe High and Kaimuki High School have participated in. Please visit [www.every15minutes.com](http://www.every15minutes.com) to find out more information.



HAWAII STATE DEPARTMENT OF HEALTH  
HEALTHY PEOPLE • HEALTHY COMMUNITIES • HEALTHY ISLANDS  
Alcohol and Drug Abuse Division  
through Federal Substance Abuse Prevention  
and Treatment Block Grant Funds





# Web Links



More than 100 volunteers spent Sunday of their Memorial Day weekend giving back to the 'Ewa Beach community this year. EWAlution, a community coalition working to reduce and prevent substance abuse in 'Ewa Beach through community collaboration and positive action, teamed up with Kaiser

Permanente and Matson to clean up Oneula Beach Park. Kaiser Permanente took part in Matson's Ka Ipu Aina Program which rewards clean up initiatives and chose the park, also known as Hau Bush, as their site.

While the program supports clean-ups in the community by providing a container to collect the trash as well as \$1000 to the group taking the action, Kaiser Permanente sponsored and organized the event with a welcoming tent which offered participants t-shirts, refreshments, sunscreen, gloves and cleaning supplies!

EWAlution was also able to contribute hats for all participants! For 2 hours, volunteers from Kaiser, Matson, community groups and EWAlution climbed through bushes, under rocks and cleaned up the area. These efforts made a tremendous difference at the park.

Kaiser Permanente generously donated the \$1000 they received from Matson as well as matched it with another \$1000 to EWAlution through the Coalition for a Drug-Free Hawaii which will go towards continuing youth and family programs and events.

On behalf of EWAlution and the Coalition for a Drug-Free Hawaii, we would like to express our deepest thanks and appreciation to all of the participating agencies, groups and people for their hard work, donations and dedication to this wonderful community!



## www.advocatesforyouth.org/parents/index.htm

Advocates for Youth is dedicated to creating programs and advocating for policies that help young people make informed and responsible decisions about their reproductive and sexual health. Advocates provides information, training, and strategic assistance to youth-serving organizations, policy makers, youth activists, and the media in the United States and the developing world.

## www.justicelearning.org

Justice Learning is an innovative, issue-based approach for engaging high school students in informed political discourse. The web site uses audio from the Justice Talking radio show and articles from The New York Times to teach students about reasoned debate and the often conflicting values inherent in our democracy.

## www.wiredsafety.org

WiredSafety provides help, information and education to Internet and mobile device users of all ages. This site helps victims of cyberabuse ranging from online fraud, cyberstalking and child safety, to hacking and malicious code attacks. They also help parents with issues, such as MySpace and cyberbullying.

## Upcoming Trainings



The 2nd Annual Kukulu I Na Hulili 2007  
(Bridging the Gaps)

**Date:** July 24, 2007

**Location:** Ko'olau Golf Club, 45-550 Kiona'ole Rd. Kaneohe

**Registration Fee:** \$50.00 (Includes buffet lunch and continental breakfast)

**Contact Info:** [tsiida@amhd.health.state.hi.us](mailto:tsiida@amhd.health.state.hi.us)

For more information on courses offered and accredited by the Department of Health, Alcohol and Drug Abuse Division (ADAD) please call (808) 692-7506, or visit their website: <http://www.state.hi.us/health/>

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