

Hawai'i Regional Alcohol & Drug Awareness Resource Network Newsletter



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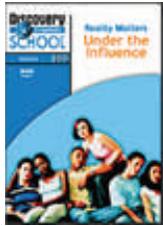
Distributed by The Coalition for a Drug-Free Hawaii, Prevention Resource Center

WHAT'S NEW!

The Prevention Resource Center's Lending Library has an extensive collection of books, videos and research dealing with substance abuse, treatment, recovery, prevention and other related issues. This is accompanied by a clearing-house of free information brochures and other handouts.

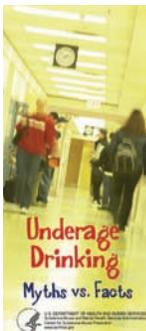
Reality Matters: Under the Influence (DVD, 2005)

This 26 minute DVD sends a strong anti-alcohol message to underage drinkers and sober adolescents alike through the firsthand experiences of teens, most of whom started drinking in junior high. Their collective story begins with the social, environmental, and genetic factors that led them to it; it continues through a destructive cycle of alcohol-motivated choices, such as fighting, stealing, and DUI; and ends in rehab, though their scars—for one, the knowledge that he almost killed his best friend in a drunken car wreck; for another, the awareness that she was sexually assaulted after passing out at a party—will be with them forever.



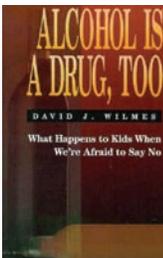
Underage Drinking: Myths vs. Fact (Brochure, 2008)

This newly revised brochure will replace the original Tips for Teens: Alcohol pamphlet that was included in a series of substance abuse pamphlets targeting 12-17 year old youth. The revised brochure expands on the Surgeon General's Call to Action while providing easily understood and factual information about alcohol. The brochure also includes what to do if an adolescent feels that they or a friend has a problem with alcohol.



Alcohol is a Drug, Too: What Happens to Kids When We're Afraid to Say No (Book, 1998)

Many adults who are concerned about the drug problem among teenagers turn a blind eye when kids drink beer and other alcohol. This book exposes the myths adults use to rationalize drinking by adolescents and presents the facts about dangers both teenagers and communities face when teenage drinking goes on unchecked. The author offers strategic solutions parents, schools, and communities can embrace and act upon to address underage drinking and its dangerous consequences.



UNDERAGE DRINKING COMMUNITY UPDATE

Underage drinking continues to be an issue for Hawaii communities. The Pacific Institute for Research and Evaluation (PIRE) reported that in Hawai'i in 2005, 35% of high school students consumed alcohol within the last 30 days. Additionally 19% reported binge drinking (4-5+ drinks in one sitting) and 9% used alcohol while on campus within the last 30 days. According to PIRE, "In 2005, underage drinkers consumed 7.2% of all alcohol sold in Hawaii."

Nationally the American Medical Association (AMA) reports the average age of a youth's first drink is 12 years old. Additionally, the AMA says almost 20%

of 12-20 year olds are considered binge drinkers.

In Hawai'i communities drinking alcohol is sometimes viewed as a rite of passage or part of growing up. A cultural shift is needed in Hawai'i to help defend both youth and the broader community from the consequences of underage drinking. PIRE quantified the costs of underage drinking in Hawai'i in 2005 to be \$215 million. Monetary costs as well as physical and legal costs all provide persuasive arguments to delay drinking alcohol until the age of 21.

This article written & compiled by Alissa Schneider, Prevention Resource Center Coordinator

WHAT ARE PHYSICAL EFFECTS OF UNDERAGE DRINKING?

The human brain does not reach maturity until the mid 20's. When drinking, a teen is endangering the development of their prefrontal area (CEO of the brain) and hippocampus (memory, learning). Teens are also more affected by short-term and moderate drinking than adults, making any alcohol consumption a risk. Also, research finds that getting drunk at an early age is a significant predictor of later drug use. Nationally it was found that people who begin drinking before the age of 15 are four times more likely to develop alcoholism than those who wait until 21.

If you are interested in scheduling a dynamic and educational presentation about underage drinking, please contact Sean Spriggs at the Coalition for a Drug-Free Hawaii at 545-3228 x38.

Information from the American Medical Association, 2008



HAWAII UNDERAGE DRINKING LAWS

- * **It is illegal to buy, possess or consume alcohol under the age of 21**
- * **Social Host**
 - * It is a misdemeanor for an adult to provide alcohol to anyone under 21, and to knowingly permit someone under 21 to possess alcohol while on property under their control.
 - * An owner of a property who knows alcohol is being consumed by anyone under 21, and could have reasonably stopped or prevented that consumption will be liable for all injuries or damages caused by the intoxicated person under 21.
- * **Use & Lose**
 - * Anyone under 21 found to have consumed, purchased or possessed alcohol will have their driver's license/provisional license/learner's permit revoked for 180 days. If unlicensed, eligibility to get a learner's permit will be suspended until age 17 or for 180 days.
 - * 75 hours of community service is required, along with 8-12 hours of alcohol education & counseling.
- * **Zero Tolerance**
 - * It is prohibited for those under 21 to drive after consuming any measurable amount of alcohol.
 - * The driver's license of a violator will be revoked for 180 days.

Contact the Prevention Resource Center

545-3228 x34

1-800-845-1946 x34

prc@drugfreehawaii.org

Resources are free!

The Coalition for a Drug-Free Hawaii is a non-profit organization that provides innovative programs & services to help keep Hawai'i children & families healthy, strong & resilient.



CAMPAIGNS AND INITIATIVES

The Hawaii Partnership to Prevent Underage Drinking (HPPUD)

The Hawaii Partnership to Prevent Underage Drinking (HPPUD) was created to address the problem of underage drinking in the State of Hawaii. The members of the partnership represent county, state, and federal agencies, non-profit organizations, private businesses, and community residents concerned with the health of Hawaii's youth. The current structure of HPPUD includes a Statewide Advisory Council, and four county coalitions: Honolulu County, Maui County, Kauai County and Hawaii County to Prevent Underage Drinking.



www.hawaiicounterdrug.org/hppud.php



Hawaii high school and college students participating in Mothers Against Drunk Driving's (MADD) Youth In Action and UMADD groups fought hard to prevent underage drinking by working on policy initiatives statewide this spring.

Youth In Action students from Kalani, Kapolei, Moanalua, and Waianae High Schools and UMADD students from the University of Hawaii at Manoa convened at the Hawaii State Capitol to urge local lawmakers to prevent underage drinking and stop drunk driving in the state of Hawaii in January and April. Students met with state legislators and Lieutenant Governor James "Duke" Aiona, Jr. to discuss underage drinking and drunk driving legislation including youth access to alcohol, cell phone use while driving, the creation of a highway safety patrol on Oahu, and mandatory ignition interlock devices for all convicted drunk drivers.



Students also rallied in Haleiwa, Hawaii in March to take inventory of how alcohol marketing and placement affects teens and local neighborhoods. Twenty students from Kapolei and Kohala High Schools surveyed local retail outlets to monitor the types of alcohol advertising in the area and will be urging retailers statewide to limit the type and quantity of ads in their stores. During Alcohol Awareness Month, YIA members Tyrell Mae and MJ Agcamaran of Kapolei High School took a hard stand on underage drinking by participating in a statewide radio campaign to publicize the Use and Lose Law during prom and graduation season. For more information on this law, visit useandlose.info.



Pharmacology of Abuse & Addiction to Street Drugs & Prescription Medications

Presented by ADAD: September 16-17, 2008

Instructor: Darryl Inaba, Pharm. D., CADC III
Location: Tokai University Auditorium
Cost: \$50.00; for two day training, lunch & parking
Registration Deadline: September 8, 2008

12 Continuing Education Units for attending both days.
Contact Lilia Calivo at 692-7522 for more information.



www.teenlinehawaii.org

In May Teenline Hawaii debuted their new website. Now you can submit art or event info, add Teenline Hawaii as a friend on myspace, and get all the good info about topics teens deal with.

TeenLine Hawaii is an information service created in 1993 to give Hawaii's youth access to useful information and resources covering a wide range of youth-related topics.

Check it out!

www.teenlinehawaii.org

WEB LINKS

www.stopalcoholabuse.gov

This website was developed to provide one-stop access to a range of Government-approved materials on underage drinking, primarily through linkages to agency sites. The site also gives information on the Federal plan addressing the issue, a catalog of related Federal programs, and other information.

fullapologies.com

This highly emotional site, created by the Commonwealth of Pennsylvania, features teens giving testimonies to apologize to those they hurt by driving drunk. Although the site is unable to guarantee the accuracy of the testimony, the feelings of the teens give the viewer a close look into the emotional turmoil teens may go through while suffering the consequences of killing someone when driving drunk. There are also text messaging services to help youth remember to be safe.

For information on trainings offered or approved by the State Alcohol and Drug Abuse Division:
(808) 692-7506

hawaii.gov/health/substance-abuse/training/index.html