

Predatory Drugs



A predatory drug can be ANY substance used to facilitate sexual assault. These drugs are often undetectable as they are odorless and colorless when mixed with water. They tend to have a salty taste, but when mixed with alcohol, soda, or other beverages, they are virtually undetectable. They metabolize quickly in the body leaving little physical evidence that the drug was ingested. A person can experience a "blackout" or anterograde amnesia where they are unable to recall what happened to them. While the victim is incapacitated, she/he can be sexually assaulted. When the victim awakens, she/he has either no memory or a spotted memory of the sexual assault.

Startling statistic: Nationally, 80% of sexual assault victims know their offender.

Alcohol

- Although society has not labeled alcohol as a date rape drug, it is a contributing factor in over half of all sexual assaults against persons older than 12.

Rohypnol

- Rohypnol (Roofies) is the brand name of a powerful sleeping pill. It is illegal in the U.S. but is still produced in Mexico, South America, Europe and Asia.
- Causes relaxation, reduced inhibitions, extreme sleepiness, short term amnesia, unconsciousness (almost equal to taking multiple Valium pills at one time).
- White, dime-sized pill, sold in bubble packaging with the "Roche" label.
- When dissolved in liquid it is usually colorless and odorless with a slightly bitter taste.
- Effects can occur 20 to 30 minutes after ingestion, lasting approximately 8 hours; it can be detected in the body up to 72 hours after ingestion.

GHB

- GHB (Liquid X) is an illegal central nervous system depressant.
- Causes nausea, vomiting, delusions, increased sensations, relaxation, euphoria, reduced inhibitions, unconsciousness, amnesia, blackouts, confusion.
- Usually found as a colorless odorless liquid with a slightly salty taste.
- Effects can occur within 15 minutes of ingestion and last up to 4 hours.

Ecstasy

- Ecstasy is an illegal drug with both stimulant and hallucinogenic effects.
- Causes euphoria, reduced inhibitions, hallucinations, sense of alertness, dehydration, elevated body temperature, involuntary teeth clenching/grinding, pupil dilation, muscle cramping.
- Commonly found as tablets in many shapes and colors with various designs imprinted on them.
- Effects can last anywhere from 3 to 6 hours, and leaves the body in 12 hours.

Ketamine

- Ketamine (Special K) is a "dissociative anesthetic" for human and veterinary use.
- Causes a trance-like state, dizziness, hallucinations, heightened senses, unconsciousness.
- Usually found as a clear liquid in a small pharmaceutical bottle and is most often cooked into a white powder.
- Effects can begin anywhere between 5 to 20 minutes after ingestion and last approximately 18 to 24 hours.

The effects of predatory drugs are intensified when combined with alcohol making them even more dangerous and powerful.

Where can it happen?

RAVES
PARTIES DANCES
BARS NIGHTCLUBS
DATES

Who can it happen to?

ANY RELIGION
BOYS GIRLS
ANY RACE
ANY AGE
ANY STATE

What can you do to prevent drug-induced rape?

- Don't go to parties, dances, raves, bars and nightclubs alone.
- Before going out, make an agreement with your friends that you will leave together at the end of the event no matter what happens.
- Never accept unsealed beverages from strangers or from people you don't know well.
- **Never leave your beverages unattended.**
- Don't drink anything out of a punchbowl or water cooler.
- If you hear people kidding about date rape drugs, pay attention and consider leaving that situation.
- Don't share or exchange drinks.
- Put your hand over your drink when talking with people.
- If you feel heavily intoxicated after having only 1 or 2 alcoholic drinks, or after having non-alcoholic drinks, go to a safe place and get help immediately.
- Be aware of someone who wants you to go outside for some "fresh air", especially if it is someone you just met.

If you think you have been drugged and raped:

- ➔ Go to the police station or hospital right away
- ➔ Get a urine test as soon as possible; the drugs leave the system quickly
- ➔ Don't urinate before getting help
- ➔ Don't douche, bathe, or change clothes before getting help; these may give evidence of the rape

Where can I get help?

Rape, Abuse, Incest National Network (RAINN) Hotline:
(24 hour) 1-800-656-4673

Oahu:
Sex Abuse Treatment Center (24 hour): 524-7273
Waianae Sex Abuse Treatment Center (24 hour): 225-6691
Domestic Violence Help Line: 531-3771
P.A.C.T. Domestic Violence Help Line: 585-7944

Hawaii:
Kapiolani Medical Center SATC (24 hour): 935-0677

Kauai:
YWCA Sexual Assault Treatment Program (24 hour): 245-4144

Maui/Lanai/Molokai:
Maui Child and Family Service (24 hour): 1-800-890-4318
Maui Child and Family Service Office: 877-6888

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Prevention Resource Center
(808) 545-3228 ext. 34
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Prevention Through Education

All information was compiled by the Prevention Resource Center of Drug-Free Hawaii. Sources: www.whitehousedrugpolicy.gov; www.streetdrugs.org; www.4women.gov/faq/rohyponol.htm; NIDA Community Drug Alert Bulletin on Club Drugs, www.nida.nih.gov; Drug Enforcement Administration, www.rainn.org.